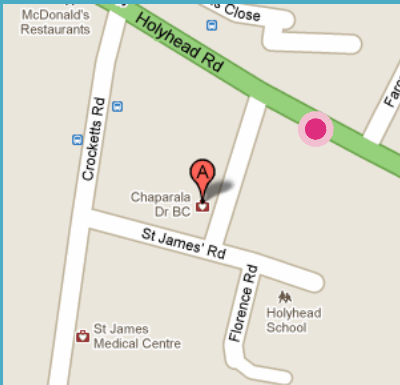


How you can see us:



Surgery address:

1 St. James Road
Handsworth
Birmingham
B21 0HL

T: 0845 675 0574

F: 0121 523 5306

How can we help you?

Holyhead Primary Care Centre

* Opening hours:

Our reception is open

Mon-Fri: 9.00am to 01:00pm
3.15pm to 06.30pm
(Closed on Saturday and Sunday)

**Please call for an appointment on
0845 675 0574**

* Consultation times:

Our doctors will be able to see you at the following times

Monday: 9:00am-1:00pm, 3:15pm-6:30pm
Tuesday: 9:00am-1:00pm, 3:15pm-6:30pm
Wednesday: 9:00am-1:00pm, 3:15pm-6:30pm
Thursday: 9:00am-1:00pm, 3:15pm-6:30pm
Friday: 9:00am-1:00pm, 3:15pm-6:30pm

We running extended hours

On Monday and Friday from 6:30 pm to 8:00 pm.
On Tuesday, Wednesday and Thursday from
6:30 pm to 7:00 pm.



Primary Care Trust
HOBtPCT

Patients Participation Group:

Have your say in shaping the services in Holyhead Primary health care centre. To get involved please contact reception.

Doctors, nurses, health care assistant, health trainers, group educators, drug counsellors and other NHS staff are also part of our team.

Hope you will enjoy meeting them. Please let us know if this is a problem.



Wheelchair and Pram access

Our Surgery team are:



Holyhead Primary Health Care Centre

Doctors:

Dr B. C. Chaparala

Specialist Practioner

Ms Sheila Lagnaz

Practice Nurses

Mrs Meriam Motaung

Mrs Sylvia Harper

Practice Manager:

Mrs Pallavi Uppalapati

This practice is computerised and registered under the Data Protection Act. Personal information will be confidential to the NHS unless you have given permission in writing. The practice has also produced and published information in compliance with the Freedom of Information Act- a copy of this may be obtained from us.






















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Important information:

Urgent Medical Problems	Emergency patients will be seen on the same day. Please visit the surgery or telephone 0845 675 0574 to book an appointment. The receptionist will help you to book appointment at your convenient time.
Home Visits	The doctors do home visits after morning surgery. If possible, please ring 0845 675 0574 before 11.00 am
What to do when the Surgery is Closed (OUT OF HOURS)	If you need urgent advice, ring the Out-of-hours service on 0845 675 0574 This will redirect you to PRIME Care
Health Visitor	H/V based at Soho Health Centre Tel : 01214654450
Baby Clinic	By appointment via Doctor or Nurse Phone 0845 675 0574
Antenatal Clinic	Doctor By appointment
Family Planning	Doctor or Nurse By appointment
Phlebotomy services ...	Health Care Assistant
District Nurse	Soho Team B Tel:01214655444
24-hour Health Information & Advice	Phone NHS Direct on 0845 4647 or visit www.nhsdirect.co.uk
Diabetic Clinic	Doctor By appointment
Midwife	Based at Soho Children's Centre Tel: 01216751890
Asthma Clinic	Nurse By appointment
Walk-in Centre	Summerfield Primary Care Centre 134 Heath Street Winson Green Birmingham, West Midlands B18 7AL Tel No: 0345 245 0769

What we can offer you:

What I Need:	Who to see:	What I Need:	Who to see:
 Weighing, Diets Find your ideal weight	• Health Trainer, Nurse, Health Care assistant	 Repeat Prescriptions Please let us know 48 hours before repeat prescription.	Please send or leave your repeat prescription card at reception or speak to your pharmacist
 Help with Smoking and Alcohol	• Health Care assistant, Health Adviser	 If you think you need: • Home Help • Meals on Wheels • Welfare & Employment Advice • Mobility allowance • Travel passes • Disabled Driver sticker	• Social Services 0121 303 6344 • Job Centre Plus 08456012001
 Advice before you gets pregnant Starting a Family?	• Nurse • Doctor	 Blood Pressure Check	• Nurse • Health Care Assistant
 Cervical Smear Every three years	• Nurse • Doctor • Family Planning Clinic	 Exercise	• Health Care Assistant, • Health Trainer
 Breast Checks	• Nurse	 Dressings Removal of Stitches Incontinence	• Nurse
 Breast Exam	• Doctor	 Suggestions or Complaints	• Practice Manager
 Family Planning	• Nurse, Doctor or Family Planning Clinic • Pharmacist, Nurse or Doctor	 Help with: - Anxiety -Sexual Problems - Worries -Bereavement -Depression	• Doctor • Nurse • Psychologist
 Morning After Pill	• Nurse, Doctor or Family Planning Clinic • Pharmacist, Nurse or Doctor	 Lloyds Pharmacy For prescriptions and self treatment	• 87 Holyhead road Handsworth Birmingham B21 0HH
 Travel Advice and Immunisation	• Nurse	 Marks Chemist For prescriptions and self treatment	• 144 Soho Road Birmingham B21 9LN
 Results of test	Phone 0845 675 0574		
 Advice on: • Advice on baby and child care • Family Diet and Exercise • Childhood Immunisation • Baby checks and hearing tests	• Health Visitors 0845 675 0574 • Baby Clinic • Nurse or Doctor		
 Advice on: • Sexual Diseases • HIV/AIDS	• Doctor • Nurse 0845 675 0574		

How to Register:

Registration of new patients takes place at the practice on weekdays between 9:00am-6:30 pm.

Please bring with you

- Proof of your address, e.g. a recent household bill or rent book
- Ideally a passport, driving licence or other recognised photographic ID.

If you have a non-UK passport please provide proof of a right to register for full NHS services.

If you have a Medical Card, please bring this with you as this will help us obtain your previous records.

You are encouraged to see the same doctor or nurse whenever you have a regular appointment. You may also request to see other GPs and nurses if, for example, you need an appointment at short notice or you need to see a female GP.

Where patients are requesting to join the practise list, the practice does not discriminate on the grounds of race, gender, social class, age religion, sexual orientation or appearance, disability or medical condition.

Conduct

We aim to treat our patients courteously at all times and expect our patients to treat our staff in a similarly respectful way. Patients who are violent or abusive to any member of staff or other persons on the Practice premises will be removed from the Practice.